Walt Disney World News

Disney Offers Inside Tips on Navigating Theme Parks With Toddlers in Tow

LAKE BUENA VISTA, Fla. — Traveling with toddlers is easier than ever at Walt Disney World Resort if you plan ahead, pace yourself and take advantage of the many added conveniences for children ages 5 and under.

About Little Ones:

- Children under 3 years of age get free entry into Disney theme parks and Disney Water Parks.
- Plan to arrive to the parks early and take a break in the middle of the day for lunch and afternoon naps (for parents and tots). Head back to the theme parks in the late afternoon after everyone is well-rested and ready for more fun.
- Use the Rider Switch option – available at select Disney Theme Park attractions – to take turns waiting with youngsters too young or too small to ride a certain attraction, then “switch” with another adult guest from your party to experience the ride without standing in line twice.
- Baby Care Centers, hosted by Nestle Good Start, are ideal for parents with infants. Located at all four Disney theme parks, these complimentary facilities offer private nursing rooms with rocking chairs, feeding areas with highchairs, kitchens with a microwave, oven and sink, plus diaper-changing rooms. Baby-care products such as diapers, wipes, formula, and baby food are for sale.
- No need to pack up all the baby gear for a trip to Disney. In-park stroller rental ($15 a day, $13 a day for length-of-stay rentals) makes traveling through the theme parks easy. Pack ‘n Play Playard, cribs and bed guardrails are available upon request at each Disney Resort hotel.
- In-room child care for ages 6 months to 12 years – in partnership with independent childcare provider Kids Nite Out – is a great option for parents looking for a night out without the little ones.
- While youngsters are typically captivated by all of Walt Disney World Resort, be sure to seek out attractions and activities that are appropriate for the little ones. Sure hits that also use Disney FASTPASS system: Peter Pan’s Flight, The Many Adventures of Winnie the Pooh, Buzz Lightyear’s Space Ranger Spin and Character Meet-and-Greets at Magic Kingdom, Living with the Land at Epcot, Voyage of the Little Mermaid and Toy Story Mania! At Disney’s Hollywood Studios, and Kilimanjaro Safaris at Disney’s Animal Kingdom.
- There are baby-changing stations in all bathrooms, including men’s and family restrooms.
- Most Disney restaurants offer children’s menus, plus crayons and coloring books to keep kids entertained. Character dining — where a cast of characters visits your table while you eat — is a great way to introduce little ones to Disney characters. For more information or to make reservations, call 407/WDW-DINE.
- Be prepared for the Florida sunshine. Bring extra sunscreen, a hat, umbrella, plus a sweatshirt for chilly, air-conditioned theaters.

For more information on kid-friendly options at Walt Disney World Resort, use My Disney Vacation to select and save your family’s favorite attractions and entertainment experiences.

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