Walt Disney World News

Senses – A Disney Spa at Disney's Grand Floridian Resort Delivers "Me Time" with Pampering and Renewing Services

Lake Buena Vista, Fla. — If the new year means a new you, the just-opened *Senses – A Disney Spa at Disney's Grand Floridian Resort* welcomes Walt Disney World Resort guests to renew and rejuvenate in 2013. The newly-remodeled spa, owned and operated by Disney, blends Grand Floridian Victorian elegance with modern touches – plus a dash of Disney whimsy.

All the senses are engaged in an ultimate relaxation experience – flavorful and soothing elixirs, color variations in lighting and Disney orchestral music harmonize with the treatment selected. Spa-goers walk through the new Victorian-style entryway and indulge in the spa's *relax, renew,* or *imagine* themes aimed at creating a custom experience. Centerpiece of the spa's lobby and check in area is an original mural reflecting old Florida landscape and nature.

Fifteen treatment rooms offer pampering services such as water therapy, sugar exfoliation body treatment, warm stone massage, rejuvenating citrus facial, couples' massage and more. The new menu of services also includes a signature 80-minute Grand Floridian treatment featuring a special aromatherapy massage.

Lounges, whirlpools and treatment rooms all provide rejuvenation through the healing nature of Florida citrus and botanicals. Hand crafted glass mosaic tiles in the Jacuzzi rooms further enhance the elegance and sophistication of the spa. Heated lounge chairs there invite spa goers to the ultimate in relaxation in between treatments.

There's a separate room for spa manicures and pedicures with offerings like a restorative hand and foot ritual with Chinese Jasmine oils or a Just for Feet Massage. Even young spa-goers can get the VIP treatment as their toes soak in a playful Mad Hatter themed green pedi chair, just their size. Princess Pedicures or Magical Manicures are for youngsters ages 4-12. *Special touch — Guests receive a mini bottle of vegan nail polish – in their color choice — following the service.

Guests can book a spa appointment at the new *Senses – A Disney Spa at Disney's Grand Floridian Resort* by calling 407-WDW-SPAS (407-939-7727) or learn more by visiting www.disneyworld.com/spas.

Around Disney property there are other facilities that offer traditional salon services, plus a limited menu of massages, facials, manicures and pedicures, plus a fitness center to soothe and unwind. These offerings are a convenient way to get a little "you time" right at your home resort. All six locations are now owned and managed by Disney so that means a whole new menu of relaxing and pampering services with a dash of Disney in décor and guest service. Treatment hours are from 8 a.m.-8 p.m., and salon hours are 9 a.m.-6 p.m. daily at Zahanati Massage & Fitness Center at Disney's Animal Kingdom Lodge, Muscles & Bustles Health Club at Disney's BoardWalk Resort, Olympiad Fitness Center at Disney's Contemporary Resort, La Vida Health Club and Casa de Belleza Salon at Disney's Coronado Springs Resort, Study Branches Health Club at Disney's Wilderness Lodge and Ship Shape massage Salon Fitness at Disney's Yacht & Beach Club Resorts.

Spa Director Ginger Mclean will oversee the operation of all of these facilities as well as Senses, A Disney Spa at Disney's Grand Floridian, and Senses, A Disney Spa at Disney's Saratoga Springs Resort set to reopen this summer after a major renovation.

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